

LAURA PRAST

W: LAURAPRAST.COM | M: +44 7467 523178 | E: LAURA@PRAST.COM

EXPERIENCE WORKING WITH: BABIES, CHILDREN, CELEBRITIES, ACTION VEHICLES, UNDERWATER, LOW LOADERS/PROCESS TRAILERS, CRANES, DRONES, GREEN SCREEN, MOTION CONTROL, MULTI-CAMERA, STOP MOTION, VFX, SFX & MOTION CAPTURE.

- EMERGENCY FIRST AID AT WORK (PROVIDED BY FIRST AID FOR LIFE)
- ENGLISH & FRENCH BILINGUAL
- AMERICAN, FRENCH AND BRITISH PASSPORT HOLDER

COMMERCIAL	TYPE	ROLE
BRAND: MONOPOLY / 2024 PROD: READY AIM FIRE DIR: MAX WARD	TVC	1ST AD
BRAND: CITROEN / 2024 PROD: EL CAROUSEL DIR: FLORIS RAMAEKERS	TVC	1ST AD
BRAND: OMAZE (SCOTLAND HOUSE) / 2024 PROD: OMAZE DIR: NATHAN BROWN	BRANDED CONTENT	1ST AD
BRAND: QATAR AIRWAYS / 2024 PROD: RD CONTENT DIR: JOE RANSOM	BRANDED CONTENT	1ST AD
BRAND: BICESTER VILLAGE / 2024 PROD: LUCY WATSON PRODUCTIONS DIR: FERDINAND FELDMANN	TVC	1ST AD
BRAND: OLAY / 2024 PROD: BIRTH PRODUCTIONS DIR: CAROLINE HAJNY	BRANDED CONTENT	1ST AD
BRAND: RANGE ROVER (MOTION SHOOT) / 2023 PROD: KINOGRAPHY DIR: HERMEILIO AQUINO	BRANDED CONTENT	1ST AD
BRAND: PELOTON (STILLS & MOTION SHOOT) / 2023 PROD: HALAL PRODUCTIONS DIR/PHOTOGRAPHER: ARTHUR COUVAT	TVC	1ST AD
BRAND: BRITA X JAMES BUCKLEY / 2023 PROD: IRIS WORLDWIDE DIR: NOTT BROTHERS	BRANDED CONTENT	1ST AD
BRAND: RANGE ROVER (STILLS & MOTION SHOOT) / 2023 PROD: KINOGRAPHY DIR: HERMEILIO AQUINO	BRANDED CONTENT	1ST AD
BRAND: RH (STILLS & MOTION SHOOT) / 2023 PROD: FRAMES UP DIR: MARK HUG	TVC	1ST AD
JACK WHITEHALL: X 3 PROMOTIONAL CONTENT FOR TOUR "DADDING UP", "WHAT CAN YOU GET FOR £25?" & "BIGGEST FEAR" WITH MR.BLOBBY / 2023 PROD: DEADBEAT FILMS DIR: TOM GORST	PROMOTIONAL CONTENT	1ST AD
BRAND: STAR TREK - SCOPELY "STAR FLEET COMMAND" / 2023 PROD: RD CONTENT DIR: MAX WARD	TVC	1ST AD
BRAND: VINTED / 2023 PROD: DEADBEAT FILMS DIR: THE KNOTT BROTHERS	BRANDED CONTENT	1ST AD
BRAND: ELVIE "TRAINER CAMPAIGN" / 2023 PROD: UNTOLD FABLE DIR: EMILY ANDERSON	BRANDED CONTENT	1ST AD
BRAND: HiHi / 2022 PROD: 4COM TECHNOLOGIES LTD DIR: BOSWORTH ACRES-DEBENHAM	TVC	1ST AD

COMMERCIAL	TYPE	ROLE
BRAND: ABASK / 2022 PROD: DEADBEAT FILMS DIR: BROOK DRIVER	BRANDED CONTENT	1ST AD
BRAND: ELVIE - "PUMP" / 2022 PROD: 33RED FILMS DIR: ANDY MIHOV	BRANDED CONTENT	1ST AD
BRAND: GOOGLE - FAMILY HELPFULNESS EMEA / 2022 PROD: REDWOOD STUDIOS DIR: SHAUN JAMES GRANT	TVC	1ST AD
BRAND: ELVIE "CATCH & CURVE" / 2022 PROD: 33RED FILMS DIR: ANDY MIHOV	BRANDED CONTENT	1ST AD
BRAND: NEXPLANON / 2022 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	BRANDED CONTENT	1ST AD
BRAND: SFC PREMIERE LEAGUE - KIT LAUNCH / 2022 PROD: FORMIDABLE MEDIA DIR: REMY LAMONT	BRANDED CONTENT	1ST AD
BRAND: WAGESTREAM / 2022 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	BRANDED CONTENT	1ST AD
BRAND: LEGO - DUPLO CAMPAIGN / 2022 PROD: FORMIDABLE MEDIA DIR: ANDY PEARSON & LISSA BLOMLEY	BRANDED CONTENT	1ST AD
BRAND: LHH / 2022 PROD: MEDIA ZOO DIR: JODI SUMMER WILLIAMS	BRANDED CONTENT	1ST AD
BRAND: CRACKD / 2021 PROD: PINK BANANA STUDIOS DIR: IAN ROBERTSON	TVC	1ST AD
BRAND: VERTICAL AEROSPACE "GETTING TO KNOW" / 2021 PROD: DEADBEAT FILMS DIR: CHRIS FOWLES	BRANDED CONTENT	1ST AD
BRAND: THE BANK OF LONDON / 2021 PROD: RD CONTENT DIR: PHIL HORBURY & DANIEL AGHA-RAFEI	BRANDED CONTENT	1ST AD
BRAND: VINTED - 5 TVC EPISODES / 2021 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	TVC	1ST AD
BRAND: BURBERRY - AW21 / 2021 PROD: SOMEWHERE FILMS DIR: ANNA DOBOS & SUSIE PENG	BRANDED CONTENT	1ST AD
BRAND: MERCEDES FACTORY X UBS (STARRING LEWIS HAMILTON) / 2021 PROD: WHISPER DIR: SUNNY BAHIA	BRANDED CONTENT	1ST AD
BRAND: CIROC X DAZED / 2021 PROD: DEADBEAT FILMS DIR: ELLIOTT GONZO	BRANDED CONTENT	PM / 1ST AD
BRAND: SOHO HOUSE "SOHO HEALTH CLUB X MIKEY BOATS" / 2021 PROD: TOMA PRODUCTIONS DIR: LUKE CARTER	BRANDED CONTENT	PM / 1ST AD
BRAND: KENWOOD / 2021 PROD: TOMA PRODUCTIONS DIR: SCOTT GRUMMET	ONLINE COMMERCIAL	1ST AD
COMPANY: HEALTH SCIENCES / 2021 PROD: RD CONTENT DIR: JONNY DONNELLY	ONLINE COMMERCIAL	1ST AD

COMMERCIAL	TYPE	ROLE
BRAND: TCL "THE DIVER" / 2021 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
BRAND: VINTED "REAL FEEL" & "DRESS FOR YOURSELF" / 2020 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	TVC	1ST AD
BRAND: VINTED: "DECLUTTERING 101" & "WHY VINTED" / 2020 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	TVC	1ST AD
COMPANY: TUC "TRANS AWARENESS" / 2020 PROD: MY DAD'S BIGGER THAN YOURS DIR: SAM NICKLIN	ONLINE COMMERCIAL	1ST AD
BRAND: FORD FARM CHEESE / 2020 PROD: TOMA PRODUCTIONS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
BRAND: FLY LDN / 2020 PROD: TOMA PRODUCTIONS DIR: CHRIS FOWLES	ONLINE COMMERCIAL	1ST AD
BRAND: BLOK MANCHESTER / 2020 PROD: DEADBEAT FILMS DIR: JACK THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
COMPANY: SWINGERS GOLF / 2019 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
BRAND: DISCOVERY E4 "LIFESTYLE FILM" / 2019 PROD: TOMA PRODUCTIONS DIR: DAVID RANSON	ONLINE COMMERCIAL	1ST AD
COMPANY: NATIVE PLACES / 2019 PROD: DEADBEAT FILMS & TOMA PRODUCTIONS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
BRAND: PASTA EVANGELISTS / 2018 PROD: TOMA PRODUCTIONS	ONLINE COMMERCIAL	1ST AD
BRAND: RED ORCHARD / 2018 PROD: DREAMSCAPE GROUP DIR: BERNARD KORDIEH	ONLINE COMMERCIAL	1ST AD
BRAND: BLOK LONDON / 2018 PROD: TOMA PRODUCTIONS & DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
BRAND: RED BULL "VALENTINE'S CYPHER" / 2018 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
BRAND: "OTTERBOX" / 2017 PROD: MINDJUMPERS DIR: JASON KLIT NIELSEN	ONLINE COMMERCIAL	1ST AD

FEATURE / SERIES	TYPE	ROLE
"EARL GREY" / 2024 / IN DEVELOPMENT (UK & FRANCE) PROD: MASTER MOVIES DIR: ORNELLA PACCHIONI	FEATURE FILM	1ST AD
"I AM" / 2024 / IN DEVELOPMENT (UK & MALTA) PROD: CANDID BROADS PRODUCTIONS DIR: LUDOVICA MUSUMECI	FEATURE FILM	1ST AD
"NUISANCE" / 2023 (UK) PROD: DEADBEAT FILMS DIR: NOTT BROTHERS	SHORT FILM	1ST AD
"THE DEEP DARK" / 2022 (USA) PROD: ISOTROPIC FILMS DIR: DAVE YOHE & MATT DEVINO	FEATURE FILM	1ST AD
"TOGETHER" / 2022 PROD: EL TE PRODUCTIONS DIR: RYAN STILL	SHORT FILM	1ST AD
"UNDER THE BLUE" / 2022 PROD: INQUISITIVE PICTURES PRODUCTION LTD DIR: LINDA LUDWIG & JAMES CURLE	SHORT FILM	1ST AD
"JOHNNY BARNES" / 2022 PROD: EXPERIMENTAL EXPERIENCE DIR: ALEX ETCHART	SHORT FILM	1ST AD
"SWEDE CAROLINE" / 2021 PROD: BELSTONE PICTURES DIR: FINN BRUCE & BROOK DRIVER	FEATURE FILM	1ST AD
"LITTLE DARLINGS" EPISODES 1, 2, 3 & 4 / 2021 PROD: SKY KIDS DIR: IAN ARYEH	TV SERIES	2ND AD (1ST AD: HOWARD ARUNDEL)
"NORTH SEA CONNECTION" EPISODES 1, 2, 3 & 6 / 2021 PROD: MOPAR STUDIOS DIR: PAUL MURPHY	TV SERIES	3RD AD (1ST AD: LINA REMEIKAITĖ)
"REDRESS THE FUTURE" EPISODE 1, 2, & 3 / 2021 PROD: WATERBEAR NETWORK DIR: MATTHEW HARMER	DOCU SERIES	1ST AD
"CATCH A BUTCHER" / 2020 PROD: TEDIUM ENTERTAINMENT DIR: CASSIAH JOSKI-JETHI	SHORT FILM	1ST AD
"FINAL SUNSET" / 2020 PROD: TOMA PRODUCTIONS DIR: VICTOR GLANTON	SHORT FILM	1ST AD
"THE FORFEIT" / 2020 PROD: LILY DONNELLY & AMY GEORGE DIR: PATRICK BROOKS & JOSIE CHARLES	SHORT FILM	1ST AD
"THE PHOENIX" / 2020 PROD: ARTS EDUCATIONAL SCHOOL LTD DIR: KIM VITHANA	SHORT FILM	1ST AD
"THE PRAYER" / 2020 PROD: KORDIEH PRODUCTIONS DIR: BERNARD KORDIEH	SHORT FILM	1ST AD
"HOUND" / 2019 PROD: NKEM EGBUCHIRI & AUDREY GAGNEUX DIR: JAKE RILEY-HUNTE	SHORT FILM	1ST AD
"LESSONS FROM OUR FATHERS" / 2019 PROD: SAMONA OLANIPEKUN DIR: MUSA	SHORT FILM	1ST AD
"LAST DANCE" / 2019 PROD: KOTRYNA USEVIČIŪTĖ DIR: CAROLINE HAJNY	SHORT FILM	1ST AD

FEATURE / SERIES	TYPE	ROLE
INTRO VIDEO FOR WORLD SUMMIT AI / 2018 PROD: DEADBEAT FILMS & TOMA PRODUCTIONS DIR: BORIS THOMPSON-ROYLANCE	SHORT FILM	1ST AD
"MENS SANA" / 2018 PROD: AGAPIA PRODUCTIONS DIR: LUDOVICA MUSUMECI	SHORT FILM	1ST AD
"HEREAFTER" / 2018 PROD: TOMA PRODUCTIONS & HUE LONDON DIR: JOURDAN GOMEZ	SHORT FILM	1ST AD
"VISTA LAKE" / 2017 PROD: SAFI-MICHAEL PICTURES LTD DIR: JASPER SHAH	SHORT FILM	1ST AD
"BLACKOUT" / 2017 PROD: SECRET GARDEN PICTURES DIR: SERENA CHLOE	SHORT FILM	1ST AD
"BLIND FATE" / 2017 PROD: STRONG LANGUAGE PRODUCTIONS DIR: SEAN ROBINSON	SHORT FILM	1ST AD
"CATALYST" / 2017 PROD: ZENNOR PRODUCTIONS DIR: ELIZABETH CASSIDY	SHORT FILM	1ST AD

MUSIC PROMOS / LIVE SESSIONS	TYPE	ROLE
MICHAEL ALDAG "OKAY" & "BLEAK" / 2022 PROD: DEADBEAT FILMS DIR: CAROLINE HAJNY	MUSIC PROMO	1ST AD
HONNE FT. PINK SWEAT "WHAT WOULD YOU DO?" / 2021 PROD: OB MANAGEMENT DIR: IAN ROBERTSON	MUSIC PROMO	1ST AD
MS BANKS FT. K TRAP "PULL UP" / 2021 PROD: LOLA & LOLA LTD DIR: WOWA	MUSIC PROMO	1ST AD
WILLIE X.O FT. DAPPY "GOOD TIME" / 2021 PROD: DENISA IONA DIR: CAROLINE HAJNY	MUSIC PROMO	1ST AD
LAUREL "APPETITE" / 2021 PROD: DEADBEAT FILMS DIR: ELLIOT ARNDT	MUSIC PROMO	1ST AD
YOSHI "YOSHI" / 2020 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	MUSIC PROMO	1ST AD
THE HOOK X STAND UP TO CANCER / 2019 PROD: THE HOOK DIR: DANIEL LOPEZ	LIVE EVENT	1ST AD
BEAR'S DEN "STAR OF BETHNAL GREEN" / 2019 PROD: TOMA PRODUCTIONS DIR: JAKE GRAF	MUSIC PROMO	1ST AD
ANNA AKANA "DISAPPOINTMENT" / 2018 PROD: PENNY 4 DIR: HAZEL HAYES	MUSIC PROMO	1ST AD
LAUREL "ADORED" / 2018 PROD: TOMA PRODUCTIONS DIR: ANDREA MAE PEREZ	MUSIC PROMO	1ST AD
LONO "TWERKING ON MARS" / 2018 PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	MUSIC PROMO	1ST AD

MUSIC PROMOS / LIVE SESSIONS	TYPE	ROLE
ASH "CONFESSIONS IN THE POOL" / 2018 PROD: TOMA PRODUCTIONS DIR: DYLAN HOLMES WILLIAMS	MUSIC PROMO	1ST AD
NICK MULVEY "IN YOUR HANDS" / 2018 PROD: DEADBEAT FILMS & TOMA PRODUCTIONS DIR: BORIS THOMPSON-ROYLANCE	MUSIC PROMO	1ST AD
GAVIN JAMES "LIVE AT RIVOLI BALLROOM" / 2017 PROD: KHONA PRODUCTIONS & TOMA PRODUCTIONS DIR: RAJA VIRDI	MUSIC PROMO	1ST AD
ETHAM "LIVE SESSION" / 2017 PROD: KHONA PRODUCTIONS & TOMA PRODUCTIONS DIR: RAJA VIRDI	MUSIC PROMO	1ST AD
LOUISE REDKNAPP "LIVE ACOUSTIC SESSIONS" / 2017 PROD: RSV STUDIOS DIR: RAJA VIRDI	MUSIC PROMO	1ST AD
ELLE WATSON "GLUED" / 2017 PROD: KHONA PRODUCTIONS & TOMA PRODUCTIONS DIR: HARIS NUKEM	MUSIC PROMO	1ST AD
LIV DAWSON "LIVE SESSION" / 2017 PROD: KHONA PRODUCTIONS & TOMA PRODUCTIONS DIR: RAJA VIRDI	MUSIC PROMO	1ST AD
JAW JAW "WORSE THAN IT SEEMS" / 2017 PROD: GRAYSCALE PRODUCTIONS DIR: IAN RODERICK GRAY	MUSIC PROMO	1ST AD

EDUCATION

2014 - 2016 MET FILM SCHOOL, UK
BA IN PRACTICAL FILMMAKING

2014 DIPLOMA OF BACCALAUREATE IN LITERATURE
 OPTIONS: FILMMAKING & ENGLISH LITERATURE

SKILLS

SOFTWARE - MOVIE MAGIC SCHEDULING

SPORTS - OPEN WATER CERTIFIED PADI DIVER & RED BELT (6TH KYU) JUDO