

# LAURA PRAST

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**EXPERIENCE WORKING WITH:** BABIES, CHILDREN, CELEBRITIES, ACTION VEHICLES, UNDERWATER, LOW LOADERS/PROCESS TRAILERS, CRANES, DRONES, GREEN SCREEN, MOTION CONTROL, MULTI-CAMERA, STOP MOTION, VFX, SFX & MOTION CAPTURE.

- EMERGENCY FIRST AID AT WORK (PROVIDED BY FIRST AID FOR LIFE)
- ENGLISH & FRENCH BILINGUAL/NATIONAL

COMMERCIAL	TYPE	ROLE
<b>BRAND: LAND ROVER (STILLS &amp; MOTION SHOOT) / 2023</b> PROD: KINOGRAPHY DIRECTOR: HERMEILIO AQUINO	BRANDED CONTENT	1ST AD
<b>BRAND: RH (STILLS &amp; MOTION SHOOT) / 2023</b> PROD: FRAMES UP DIRECTOR: MARK HUG	TVC	1ST AD
<b>BRAND: PELOTON (STILLS &amp; MOTION SHOOT) / 2023</b> PROD: HALAL PRODUCTIONS DIRECTOR/PHOTOGRAPHER: ARTHUR COUVAT	TVC	1ST AD
<b>JACK WHITEHALL: X 3 PROMOTIONAL CONTENT FOR TOUR "DADDING UP", "WHAT CAN YOU GET FOR £25?" &amp; "BIGGEST FEAR" WITH MR.BLOBBY / 2023</b> PROD: DEADBEAT FILMS DIR: TOM GORST	PROMOTIONAL CONTENT	1ST AD
<b>BRAND: STAR TREK - SCOPELY "STAR FLEET COMMAND" / 2023</b> PROD: RD CONTENT DIR: MAX WARD	TVC	1ST AD
<b>BRAND: VINTED / 2023</b> PROD: DEADBEAT FILMS DIR: THE KNOTT BROTHERS	BRANDED CONTENT	1ST AD
<b>BRAND: ELVIE "TRAINER CAMPAIGN" / 2023</b> PROD: UNTOLD FABLE DIR: EMILY ANDERSON	BRANDED CONTENT	1ST AD
<b>BRAND: HIHI / 2022</b> PROD: 4COM TECHNOLOGIES LTD DIR: BOSWORTH ACRES-DEBENHAM	TVC	1ST AD
<b>BRAND: ABASK / 2022</b> PROD: DEADBEAT FILMS DIR: BROOK DRIVER	BRANDED CONTENT	1ST AD
<b>BRAND: ELVIE - "PUMP" / 2022</b> PROD: 33RED FILMS DIR: ANDY MIHOV	BRANDED CONTENT	1ST AD
<b>BRAND: GOOGLE - FAMILY HELPFULNESS EMEA / 2022</b> PROD: REDWOOD STUDIOS DIR: SHAUN JAMES GRANT	TVC	1ST AD
<b>BRAND: ELVIE "CATCH &amp; CURVE" / 2022</b> PROD: 33RED FILMS DIR: ANDY MIHOV	BRANDED CONTENT	1ST AD
<b>BRAND: NEXPLANON / 2022</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	BRANDED CONTENT	1ST AD
<b>BRAND: SFC PREMIERE LEAGUE - KIT LAUNCH / 2022</b> PROD: FORMIDABLE MEDIA DIR: REMY LAMONT	BRANDED CONTENT	1ST AD
<b>BRAND: WAGESTREAM / 2022</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	BRANDED CONTENT	1ST AD
<b>BRAND: LEGO - DUPLO CAMPAIGN / 2022</b> PROD: FORMIDABLE MEDIA DIR: ANDY PEARSON & LISSA BLOMLEY	BRANDED CONTENT	1ST AD

COMMERCIAL	TYPE	ROLE
<b>BRAND: LHH / 2022</b> PROD: MEDIA ZOO DIR: JODI SUMMER WILLIAMS	BRANDED CONTENT	1ST AD
<b>BRAND: CRACKD / 2021</b> PROD: PINK BANANA STUDIOS DIR: IAN ROBERTSON	TVC	1ST AD
<b>BRAND: VERTICAL AEROSPACE "GETTING TO KNOW" / 2021</b> PROD: DEADBEAT FILMS DIR: CHRIS FOWLES	BRANDED CONTENT	1ST AD
<b>BRAND: THE BANK OF LONDON / 2021</b> PROD: RD CONTENT DIR: PHIL HORNBURY & DANIEL AGHA-RAFEI	BRANDED CONTENT	1ST AD
<b>BRAND: VINTED - 5 TVC EPISODES / 2021</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	TVC	1ST AD
<b>BRAND: BURBERRY - AW21 / 2021</b> PROD: SOMEWHERE FILMS DIR: ANNA DOBOS & SUSIE PENG	BRANDED CONTENT	1ST AD
<b>BRAND: MERCEDES FACTORY X UBS (STARRING LEWIS HAMILTON) / 2021</b> PROD: WHISPER DIR: SUNNY BAHIA	BRANDED CONTENT	1ST AD
<b>BRAND: CIROC X DAZED / 2021</b> PROD: DEADBEAT FILMS DIR: ELLIOTT GONZO	BRANDED CONTENT	PM / 1ST AD
<b>BRAND: SOHO HOUSE "SOHO HEALTH CLUB X MIKEY BOATS" / 2021</b> PROD: TOMA PRODUCTIONS DIR: LUKE CARTER	BRANDED CONTENT	PM / 1ST AD
<b>BRAND: KENWOOD / 2021</b> PROD: TOMA PRODUCTIONS DIR: SCOTT GRUMMET	ONLINE COMMERCIAL	1ST AD
<b>COMPANY: HEALTH SCIENCES / 2021</b> PROD: RD CONTENT DIR: JONNY DONNELLY	ONLINE COMMERCIAL	1ST AD
<b>BRAND: TCL "THE DIVER" / 2021</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
<b>BRAND: VINTED "REAL FEEL" &amp; "DRESS FOR YOURSELF" / 2020</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	TVC	1ST AD
<b>BRAND: VINTED: "DECLUTTERING 101" &amp; "WHY VINTED" / 2020</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	TVC	1ST AD
<b>COMPANY: TUC "TRANS AWARENESS" / 2020</b> PROD: MY DAD'S BIGGER THAN YOURS DIR: SAM NICKLIN	ONLINE COMMERCIAL	1ST AD
<b>BRAND: FORD FARM CHEESE / 2020</b> PROD: TOMA PRODUCTIONS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
<b>BRAND: FLY LDN / 2020</b> PROD: TOMA PRODUCTIONS DIR: CHRIS FOWLES	ONLINE COMMERCIAL	1ST AD
<b>BRAND: BLOK MANCHESTER / 2020</b> PROD: DEADBEAT FILMS DIR: JACK THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
<b>COMPANY: SWINGERS GOLF / 2019</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD

COMMERCIAL	TYPE	ROLE
<b>BRAND: DISCOVERY E4 "LIFESTYLE FILM" / 2019</b> PROD: TOMA PRODUCTIONS DIR: DAVID RANSON	ONLINE COMMERCIAL	1ST AD
<b>COMPANY: NATIVE PLACES / 2019</b> PROD: DEADBEAT FILMS & TOMA PRODUCTIONS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
<b>BRAND: PASTA EVANGELISTS / 2018</b> PROD: TOMA PRODUCTIONS	ONLINE COMMERCIAL	1ST AD
<b>BRAND: RED ORCHARD / 2018</b> PROD: DREAMSCAPE GROUP DIR: BERNARD KORDIEH	ONLINE COMMERCIAL	1ST AD
<b>BRAND: BLOK LONDON / 2018</b> PROD: TOMA PRODUCTIONS & DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
<b>BRAND: RED BULL "VALENTINE'S CYPHER" / 2018</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	ONLINE COMMERCIAL	1ST AD
<b>BRAND: "OTTERBOX" / 2017</b> PROD: MINDJUMPERS DIR: JASON KLIT NIELSEN	ONLINE COMMERCIAL	1ST AD
<b>"FASHION SPEC" / 2017</b> PROD: KHONA PRODUCTIONS DIR: RAJA VIRDI	FASHION SPEC COMMERCIAL	1ST AD

FEATURE / SHORT FILMS / SERIES	TYPE	ROLE
<b>"I AM" / 2023 / IN DEVELOPMENT 2023 (FRANCE &amp; UK)</b> PROD: CANDID BROADS PRODUCTIONS DIR: LUDOVICA MUSUMECI	FEATURE FILM	1ST AD
<b>"THE DEEP DARK" / 2022 (USA)</b> PROD: ISOTROPIC FILMS DIR: DAVE YOHE & MATT DEVINO	FEATURE FILM	1ST AD
<b>"TOGETHER" / 2022</b> PROD: EL TE PRODUCTIONS DIR: RYAN STILL	SHORT FILM	1ST AD
<b>"UNDER THE BLUE" / 2022</b> PROD: INQUISITIVE PICTURES PRODUCTION LTD DIR: LINDA LUDWIG & JAMES CURLE	SHORT FILM	1ST AD
<b>"JOHNNY BARNES" / 2022</b> PROD: EXPERIMENTAL EXPERIENCE DIR: ALEX ETCHART	SHORT FILM	1ST AD
<b>"SWEDE CAROLINE" / 2021</b> PROD: BELSTONE PICTURES DIR: FINN BRUCE & BROOK DRIVER	FEATURE FILM	1ST AD
<b>"REDRESS THE FUTURE" EPISODE 1, 2, &amp; 3 / 2021</b> PROD: WATERBEAR NETWORK DIR: MATTHEW HARMER	DOCU SERIES	1ST AD
<b>"CATCH A BUTCHER" / 2020</b> PROD: TEDIUM ENTERTAINMENT DIR: CASSIAH JOSKI-JETHI	SHORT FILM	1ST AD
<b>"FINAL SUNSET" / 2020</b> PROD: TOMA PRODUCTIONS DIR: VICTOR GLANTON	SHORT FILM	1ST AD

FEATURE / SHORT FILMS / SERIES	TYPE	ROLE
<b>"THE FORFEIT" / 2020</b> PROD: LILY DONNELLY & AMY GEORGE DIR: PATRICK BROOKS & JOSIE CHARLES	SHORT FILM	1ST AD
<b>"THE PHOENIX" / 2020</b> PROD: ARTS EDUCATIONAL SCHOOL LTD DIR: KIM VITHANA	SHORT FILM	1ST AD
<b>"THE PRAYER" / 2020</b> PROD: KORDIEH PRODUCTIONS DIR: BERNARD KORDIEH	SHORT FILM	1ST AD
<b>"HOUND" / 2019</b> PROD: NKEM EGBUCHIRI & AUDREY GAGNEUX DIR: JAKE RILEY-HUNTE	SHORT FILM	1ST AD
<b>"LESSONS FROM OUR FATHERS" / 2019</b> PROD: SAMONA OLANIPEKUN DIR: MUSA	SHORT FILM	1ST AD
<b>"LAST DANCE" / 2019</b> PROD: KOTRYNA USEVIČIŪTĖ DIR: CAROLINE HAJNY	SHORT FILM	1ST AD
<b>INTRO VIDEO FOR WORLD SUMMIT AI / 2018</b> PROD: DEADBEAT FILMS & TOMA PRODUCTIONS DIR: BORIS THOMPSON-ROYLANCE	SHORT FILM	1ST AD
<b>"MENS SANA" / 2018</b> PROD: AGAPIA PRODUCTIONS DIR: LUDOVICA MUSUMECI	SHORT FILM	1ST AD
<b>"HEREAFTER" / 2018</b> PROD: TOMA PRODUCTIONS & HUE LONDON DIR: JOURDAN GOMEZ	SHORT FILM	1ST AD
<b>"VISTA LAKE" / 2017</b> PROD: SAFI-MICHAEL PICTURES LTD DIR: JASPER SHAH	SHORT FILM	1ST AD
<b>"BLACKOUT" / 2017</b> PROD: SECRET GARDEN PICTURES DIR: SERENA CHLOE	SHORT FILM	1ST AD
<b>"BLIND FATE" / 2017</b> PROD: STRONG LANGUAGE PRODUCTIONS DIR: SEAN ROBINSON	SHORT FILM	1ST AD
<b>"CATALYST" / 2017</b> PROD: ZENNOR PRODUCTIONS DIR: ELIZABETH CASSIDY	SHORT FILM	1ST AD

MUSIC PROMOS / LIVE SESSIONS	TYPE	ROLE
<b>MICHAEL ALDAG "OKAY" &amp; "BLEAK" / 2022</b> PROD: DEADBEAT FILMS DIR: CAROLINE HAJNY	MUSIC PROMO	1ST AD
<b>HONNE FT. PINK SWEAT "WHAT WOULD YOU DO?" / 2021</b> PROD: OB MANAGEMENT DIR: IAN ROBERTSON	MUSIC PROMO	1ST AD
<b>MS BANKS FT. K TRAP "PULL UP" / 2021</b> PROD: LOLA & LOLA LTD DIR: WOWA	MUSIC PROMO	1ST AD
<b>WILLIE X.O FT. DAPPY "GOOD TIME" / 2021</b> PROD: DENISA IONA DIR: CAROLINE HAJNY	MUSIC PROMO	1ST AD
<b>LAUREL "APPETITE" / 2021</b> PROD: DEADBEAT FILMS DIR: ELLIOT ARNDT	MUSIC PROMO	1ST AD

<b>MUSIC PROMOS / LIVE SESSIONS</b>	<b>TYPE</b>	<b>ROLE</b>
<b>YOSHI "YOSHI" / 2020</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	MUSIC PROMO	1ST AD
<b>THE HOOK X STAND UP TO CANCER / 2019</b> PROD: THE HOOK DIR: DANIEL LOPEZ	LIVE EVENT	1ST AD
<b>BEAR'S DEN "STAR OF BETHNAL GREEN" / 2019</b> PROD: TOMA PRODUCTIONS DIR: JAKE GRAF	MUSIC PROMO	1ST AD
<b>ANNA AKANA "DISAPPOINTMENT" / 2018</b> PROD: PENNY 4 DIR: HAZEL HAYES	MUSIC PROMO	1ST AD
<b>LAUREL "ADORED" / 2018</b> PROD: TOMA PRODUCTIONS DIR: ANDREA MAE PEREZ	MUSIC PROMO	1ST AD
<b>LONO "TWERKING ON MARS" / 2018</b> PROD: DEADBEAT FILMS DIR: BORIS THOMPSON-ROYLANCE	MUSIC PROMO	1ST AD
<b>ASH "CONFESSIONS IN THE POOL" / 2018</b> PROD: TOMA PRODUCTIONS DIR: DYLAN HOLMES WILLIAMS	MUSIC PROMO	1ST AD
<b>NICK MULVEY "IN YOUR HANDS" / 2018</b> PROD: DEADBEAT FILMS & TOMA PRODUCTIONS DIR: BORIS THOMPSON-ROYLANCE	MUSIC PROMO	1ST AD
<b>GAVIN JAMES "LIVE AT RIVOLI BALLROOM" / 2017</b> PROD: KHONA PRODUCTIONS & TOMA PRODUCTIONS DIR: RAJA VIRDI	MUSIC PROMO	1ST AD
<b>ETHAM "LIVE SESSION" / 2017</b> PROD: KHONA PRODUCTIONS & TOMA PRODUCTIONS DIR: RAJA VIRDI	MUSIC PROMO	1ST AD
<b>LOUISE REDKNAPP "LIVE ACOUSTIC SESSIONS" / 2017</b> PROD: RSV STUDIOS DIR: RAJA VIRDI	MUSIC PROMO	1ST AD
<b>ELLE WATSON "GLUED" / 2017</b> PROD: KHONA PRODUCTIONS & TOMA PRODUCTIONS DIR: HARIS NUKEM	MUSIC PROMO	1ST AD
<b>LIV DAWSON "LIVE SESSION" / 2017</b> PROD: KHONA PRODUCTIONS & TOMA PRODUCTIONS DIR: RAJA VIRDI	MUSIC PROMO	1ST AD
<b>JAW JAW "WORSE THAN IT SEEMS" / 2017</b> PROD: GRAYSCALE PRODUCTIONS DIR: IAN RODERICK GRAY	MUSIC PROMO	1ST AD

## **EDUCATION**

2014 - 2016 MET FILM SCHOOL, UK  
BA IN PRACTICAL FILMMAKING

2014 DIPLOMA OF BACCALAUREATE IN LITERATURE  
OPTIONS: FILMMAKING & ENGLISH LITERATURE

## **SKILLS**

SOFTWARE - MOVIE MAGIC SCHEDULING

SPORTS - OPEN WATER CERTIFIED PADI DIVER & RED BELT (6TH KYU) JUDO

